

**FOR IMMEDIATE RELEASE**

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**BOCA RATON PUBLIC LIBRARY AND FAU MEDICINE  
PRESENT “HIGH BLOOD PRESSURE PREVENTION”  
WITH LEONARD BERKOWITZ, MD  
MAY 22, 2019, 10:30AM–12:00PM, DOWNTOWN LIBRARY**

BOCA RATON, FL (April 2, 2019) – May is National High Blood Pressure Education Month, and FAU is partnering with the Boca Raton Public Library to help people reduce their risk of high blood pressure, also known as hypertension. In a free presentation, “High Blood Pressure Prevention” with Dr. Leonard Berkowitz, attendees will learn what hypertension is and what causes it; symptoms of hypertension to be on the lookout for; what to eat to reduce their risk of hypertension; and how to treat hypertension.

Dr. Leonard Berkowitz is board-certified by the American Board of Family Medicine and is lead physician at the new FAU Medicine Primary Care practice. Previously, Dr. Berkowitz served as a primary care physician at Heart and Vascular Associates and Primary Care Medical Associates in New Jersey and at Medical Associates in New York. He is a graduate of Cornell University and New York College of Osteopathic Medicine.

FAU Medicine is Florida Atlantic University’s first university-operated primary care physician practice in Boca Raton. FAU Medicine is managed by FAU’s Schmidt College of Medicine, Palm Beach County’s only medical school. Their highly skilled physicians are part of a sophisticated team of clinical leaders teaching the next generation of doctors.

“High Blood Pressure Prevention” will be presented at the Downtown Library in Boca Raton at 400 NW 2<sup>nd</sup> Avenue. Enroll through the calendar at [bocalibrary.org](http://bocalibrary.org) or call 561-393-7852.



**FAU MEDICINE.**  
FLORIDA ATLANTIC UNIVERSITY

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